Correct handling of disposable surgical masks

APPLICATION OF A SURGICAL MASK:

1. Wash hands and/or disinfect
2. Only touch mask at certain points
   - The metallic upper strip of mask should be placed on top
   - Place the elastic loops around each ear or place the open strings behind your head and tie together (depending on type of mask)
3. Mold the bendable metal strip to the shape of your nose and cheeks (must fit tightly)
4. Adjust the mask so mouth and nose are fully covered and bottom of the mask sits below your chin
   - Do not ever touch the front of mask!

REMOVAL OF A SURGICAL MASK:

5. Wash hands and/or disinfect
6. Remove the elastic bands behind the ear; rip or open tied strings behind your head (depending on the type of mask)
7. Discard used mask in designated rubbish bag
8. Wash your hands and/or disinfect after disposal

ÖSTERREICHISCHES ROTES KREUZ

Aus Liebe zum Menschen.