



CHELDREN AFFECTED BY CONFLICT

Palestine OT



Objectives and beneficiaries

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One programme, six locations

- Objectives
 - Enhancing the emotional well-being and coping mechanisms of children, parents and community members
 - Improving the support mechanisms between children, peers and their teachers
 - Enhancing the social support mechanisms within the communities and strengthening the social fabric
- Locations
 - East Jerusalem
 - Qalqilya
 - Hebron
 - Isolated communities of Jenin
 - Isolated communities of Tulkarem
 - Tubas
 - Gaz
 - Khan younes
- Beneficiaries 10000 children / 65 000 community members)
 - Children
 - Parents
 - Teachers, School counsellors,
 - Local community at large



Methodology

Psychosocial
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programme

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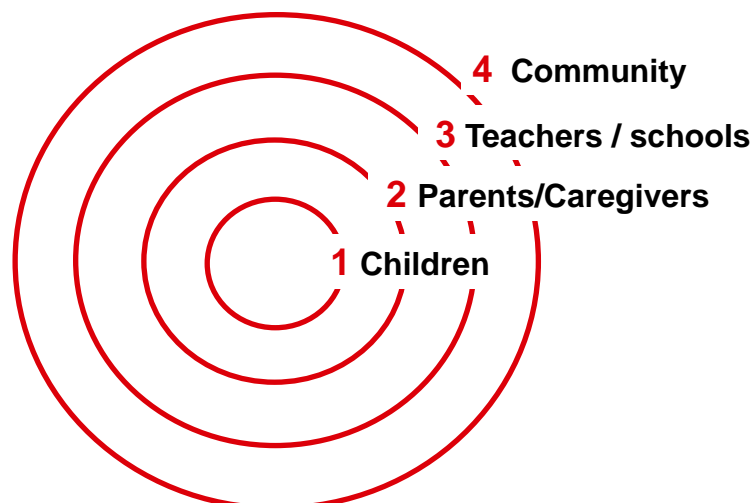
Methodological framework

- International Federation of the Red Cross Red Crescent Society
Community based psychosocial support approach
- Mental Health and Psychosocial support Inter-agency Standing
Committee (MHPSS IASC)
- Inter-Agency Network for Education in Emergencies (INEE)
- ECHO protection guidelines

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Psychosocial support and child protection through community mobilisation



Psychosocial support programme

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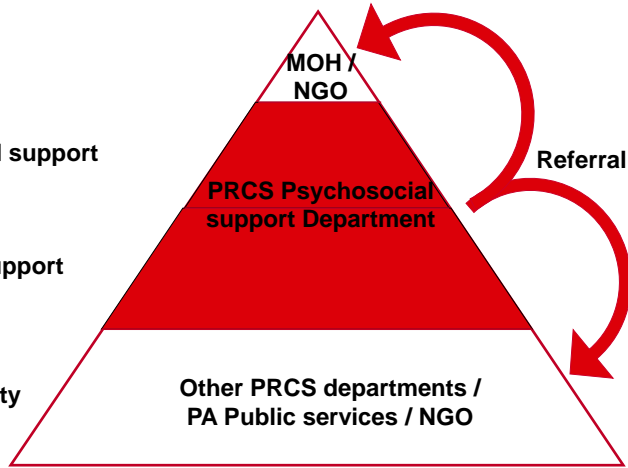
A holistic and integrated approach

Specialised services

Focused, non specialised support

Community and family support

Basic services and security



Activities

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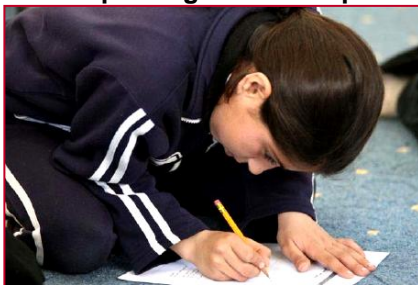
Crisis intervention

- Psychosocial first aid
- Support for PRCS volunteers and rescue team



Guided psychosocial support workshops

- Improving capacity of children to deal with stress / sadness / grief / loss
- Improving playfulness, trust and tolerance among children
- Improving relationship and support mechanisms between children
- Improving relationship between children and teachers





Community workshops and open days

- Focus on community : strengthening social fabric
- Encouraging family and community support to the children



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Parents/Caregivers support and Child protection advocacy sessions

- Providing caregivers with support
- Involving and empowering parents in their role
- Improving relationship between children and parents
- Promoting awareness on child protection



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Counselling

- Individual counselling
- Group counselling
- Referrals



Head masters and Community committee meetings

- Working on the school and MoE levels
- Integrating the programme in the school curriculum
- Encouraging community support to the project





Training and supervision

- Providing quality services
- Building capacity and sustainability
- Helping the helpers



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Monitoring and evaluation

■ Indicators

- Improved emotional well being (increased playfulness)
- Improved social skills (reduction of violent behaviour, increased listening)
- Improved parental skill (reduction of verbal and physical punishment)
- Counselling : reduction of symptoms

■ Baseline and evaluation

- Self reporting questionnaire (Survey)
- Focus groups and interviews

■ Continuous evaluation

- Monitoring sheet
- Statistical analysis

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Monitoring, baseline and evaluation

■ Monitoring sheet

- 9 questions
- Playfulness : "How many children were able to continuously concentrate in the activities and not withdraw?"
- Trust : "How many children could easily share their feeling, thoughts and opinions with others and with the teacher?"
- Tolerance "How many children were able to show patience with the other children in the group and let others get their turn?"

■ Self reporting questionnaire (Survey)

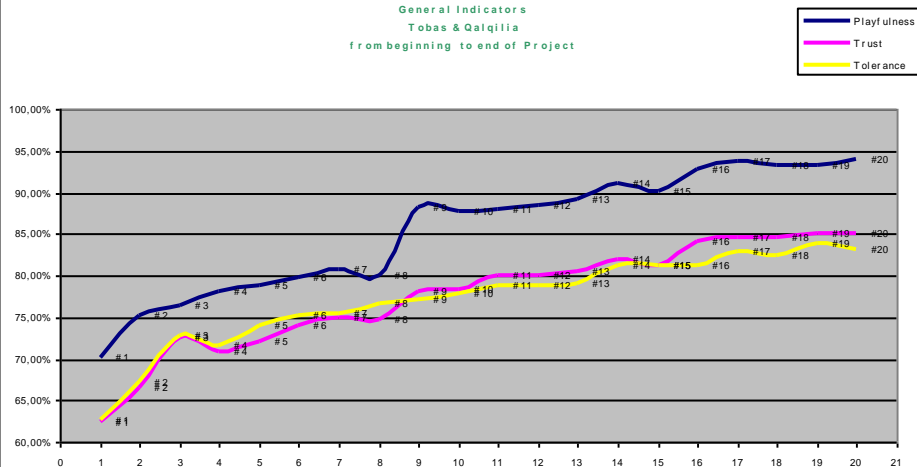
- 20 questions for children and parents
- Playfulness : "I enjoy playing with my siblings at home"
- Trust : "I talk to a friend if I am sad or scared"
- Tolerance "I get into fights with my friends at school"

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Quantitative data

General Indicators
Tobas & Qalqilia
from beginning to end of Project





Qualitative data

- *"The right to express our thoughts"*
- *"We learnt how to be self confident"*
- *"We learnt (...) new games, cooperation, to understand others feelings, to become more understanding and to be more patient"* (Girls - Qabatiya)
- *"The project has contributed to the decrease of violence between the children"* (Father – Jaba)
- *"I accept more what my child is saying and his needs"* (Father – Jaba)
- *"I learnt how my child needs me"* (Mother – Az Zawiya)
- *"This project help me to feel part of the community"* (Mother – Az Zawiya)



Cooperation and coordination

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Cooperation and coordination

- MHPSS Working group
- CAP
- National Steering Committee for psychosocial activities (MOH)
(WHO, UNWRA, UNDP, UNICEF, Ministry of Education, Ministry of Social Welfare, Ministry of Youth and Sports, Save the Children, Gaza M H Programme, PNGO, and CIDA)
- IFRC PS Reference Center / IASC
- Consortium approach : Danish, French, Icelandic and Italian Red Cross



Ambition

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Ambition

- Development strategy : WB Isolated villages, East Jerusalem and Gaza
- Fostering relationship with Ministry of Education
- Consolidating the institutional memory of the PSD
- Influencing the Movement on Regional and Global level



Psychosocial Support Consortium Palestine OT

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