



Annual meeting: network issues

EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

Agenda



1. Appointing the new focal National Societies (Croatian RC, Swedish RC)
2. Appointing the new steering group candidate for 2011 (Hungarian RC, proposed in 2010)
3. Forum information and finances (2009 and 2010)
4. Report of Steering group
5. Switch to new FNS
6. 2011 forum
7. varia

EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

Agenda



1. Appointing the new focal National Societies (Croatian RC, Swedish RC)

Short intro by Sanja Pupacic

EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

Agenda



2. Appointing the new steering group candidate for 2011 (Hungarian RC, proposed in 2010)

Short intro Anita Deak

EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

Agenda



3. Forum Information and Finances (2009 and 2010)

2009 (CRC)

2010 (ARC)

EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

Forum 2009



EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

Forum 2009



- Dubrovnik, Croatia: „Do we practice what we preach“
- Focus on staff and volunteer support
- 42 participants from 25 countries: Austria Belgium, Bosnia and Herzegovina, Bulgaria, Croatia, Cyprus, Denmark, Estonia, Finland France, Georgia, Germany, Greece, Hungary, Iceland, Ireland, Montenegro, Netherlands, Norway, Russia, Serbia, Spain, Sweden, The UK and Uzbekistan; IFRC Reference Centre for PSS, the RC EU office, ERNA network

EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

Forum 2009 - Funding

- 6 NS and 2 keynote speakers funded
- Contributions from the Austrian, Swedish, British, French, German and Belgian RC
- Total contributions: **4.863 euro**
- Total requests: **5.233 euro**
- **TOTAL COST: 18.600 euro**
- Income total: **13.875 euro** (Conference Fees and contributions)
- Difference: **4.726 euro** (Croatian Red Cross)

EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

Forum 2010



EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

Participants



49 participants from 25 national societies!

- Armenia
- Austria
- Belgium
- Great Britain
- Bulgaria
- Croatia
- Cyprus
- Denmark
- Estonia
- Finland
- France
- Georgia
- Germany
- Greece
- Hungary
- Iceland
- Ireland
- Italy
- Latvia
- Netherlands
- Norway
- Palestine
- Slovakia
- Spain
- Sweden

EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

40

Funding



- 6 NS funded
- Funding received from NS:
 - Austrian
 - British
 - French
 - German
 - Swedish and
 - RC EU-Office

Total funding received: € 6.139,-

Cost of delegates coming: € 5.389,-



Funding arrangements



- Catering: € 4.700,-
- Accommodation: € 7.000,-
- Miscellaneous: approx. € 500,-
- Costs for delegates: € 5.389

Total costs: € 17.589,-

Funded by:

Participants fees: € 12. 295,-

Extra Funding from 6 NS: € 6.139,-

Total income: € 18.434,-

Surplus: € 845,- (to be used for invited speaker next year)



Funding arrangements

- No fees for rooms
- No external speakers
- No staff costs
- No administrative costs



3. Report of Steering Group

A. Meetings in 2009/2010: 4

work on the following topics: Contents and speakers Annual forum 2010, evidence for psychosocial support, posters and leaflets on psp and staff/volunteer support, funding for forum.....

B. Contacts with other networks

Perco, Anti trafficking network, Mena, South American Network, Asian Network, Eu disaster management working group, Federation Health department Europe Zone, oine meeting in Copenhagen: exchange with reference centre

C. Cooperation

between National Societies on training projects (e.g. Bulgarian RC, Coratian RC)

D. Participation

in EU projects on training materials (Tents TP) and guidelines (Eureste) Team CP, Informed prepared together, Citizens in self protection

E. Website

updates, Forum presentations, maintaining links, respond to issues, promote website and work



Agenda



4. Switch to new FNS
5. 2011 forum
6. varia

EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

Next Forum



- Great Britain/York/Sussex
- Denmark/Copenhagen

Mid-October: 13,14,15

EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

Ideas



- Venue, theme, objectives?

EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

Varia



- Organisational changes and issues

EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

Conclusion



- Resilience building includes
 - Prevention
 - strengthening self awareness and self protection as well as other elements of resilience
 - Strategies/Interventions to improve
 - empowerment, connectedness, stress reduction, positive future orientation and safety



New challenges



- New challenges are arising with more frequent, more complex and longer lasting crisis situations
- We must therefore broaden our focus from the emergency interventions to prevention as well as mid and longterm support



Is Psychosocial support more than social support?



- Psychosocial support is not just the same as social support
- It is a way to identify and mend gaps in the social support network of people as well as a way of empowering them to help themselves as well as each other

EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

WG outcome citations: How to enhance self-awareness?



- The teaching and messages delivered need to be simple, relevant and applicable (in cost and ease) to have a productive and safe outcome
- In order to enhance self awareness we must be
 - Honest
 - Open
 - Prepared
 - Future facing
 - Strengths based (positive),
 - and have to
 - Connect
 - Sustain
 - Innovate
 - Collaborate

EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

WG outcome citation: New challenges



- 1) We have a lot of new needs that we have to be aware of (e.g. unemployment, poverty, physical isolation, security problems, violence)
- 2) It causes the necessity for the National Societies to adjust their programmes towards new target groups, to have special trainings to be able to meet the needs of the population and to give recognition of the work of the volunteers in order to keep them in the organisation

EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

Best practice



- Involving the affected population into the projects is more and more common and seems to be a good way of empowering the community (e.g. Icelandic project)
- Building abilities for better using social networks (e.g. making friends)
- Improving social support by involving all relevant groups into the project (e.g. Palestine: children, parents, teachers and the community)

EUROPEAN NETWORK FOR PSYCHOSOCIAL SUPPORT



RESEAU EUROPEEN DE SOUTIEN PSYCHOSOCIAL

WG outcome resilience citation



- *„Resilience makes a difference in all situations not only in the crisis situation, sometimes you cannot change the situation but you can change yourself and you can change communities“*

