Training of Trainers (ToT) 22.- 24.10.2019, Oslo, Norway
Psychosocial First Aid
The training is for staff and volunteers who work with psychosocial support in their national societies and who provide trainings as well as care and support to beneficiaries, peers and volunteers. The training covers how to offer psychological first aid in acute crisis, emergencies and in longer term accompaniment.

Annual ENPS Forum, 25. – 27.10.2019, Oslo, Norway
Mental Health and Psychosocial Support in emergencies
Venue: Norwegian Red Cross, Hausmannsgate 7, 0186 Oslo: Norwegian Red Cross

Hotel's link: www.thonhotels.no/Spectrum

Cost of attendance
The cost of attendance includes ToT and/or Forum facilities, Breakfast, Lunch, Dinner and refreshments per person. This cost does not include bank fees, nor additional nights’ hotel accommodation, if required.

If you would like additional nights in Oslo, please contact Thon Hotel Spectrum directly: spectrum@olavthon.no.

For additional nights from 21st-22nd of October please use the following reference number: 343397454 when contacting the hotel.

For additional nights from the 24th-25th of October, please use the following reference number: 343397463 when contacting the hotel.

Training of Trainers
Minimum number of trainees: 15. Maximum number of trainees: 28.


Cancellation policy
If participation is cancelled less than week before the ToT or the Forum the participation fee will not be refunded.

We recommend using the following link in registration
Registration Form
Delegates from some countries may require a visa to enter Norway. If you require assistance in getting a visa please contact us as soon as possible at: ane.m.kristiansen@redcross.no

<table>
<thead>
<tr>
<th>Option 1: Forum + Training of trainers</th>
<th>Single Occupancy</th>
<th>910</th>
</tr>
</thead>
<tbody>
<tr>
<td>22.-27.10.2019</td>
<td>Shared Occupancy</td>
<td>710</td>
</tr>
<tr>
<td>5 Nights</td>
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| Option 2: Forum                          | Single Occupancy | 400 |
| 25.-27.10.2019                            | Shared Occupancy | 300 |
| 2 Nights                                 |                  |     |

| Option 3: Training of trainers           | Single Occupancy | 300 |
| 21.-24.10.2019                           | Shared Occupancy | 222 |
| 3 Nights                                 |                  |     |

**Solidarity Fund**

Please contribute to the ENPS Solidarity Fund which supports National Societies to participate in the Forum. In order to support one delegate from as many National Societies as possible, please send E500 or as much as you can to contribute to the Solidarity Fund.

Please email us at ane.m.kristiansen@redcross.no as soon as possible and we will send you an invoice. Remember to let us know how much you are able to give to the Solidarity Fund.

If you would like to apply for the Solidarity Fund, please email us at ane.m.kristiansen@redcross.no to request support. Please note that we are only able to pay for a small number of National Societies and our support is limited to flights and attendance at the Forum for one person per National Society only.